UNIVERSITY OF CALIFORNIA

Ergonomics Requirements: Freestanding Height-Adjustable Tables

PURPOSE

The University of California (UC) establishes criteria for equipment, furniture and accessories purchased for use at UC. Requirements are based on national ergonomics and safety standards, current research and best practices per the UC Ergonomics Work Group and are specifically designed to preserve human, environmental, and capital resources at UC.

The requirements listed below are for purchases of **freestanding height-adjustable tables** for use in environments where computer and multi-tasking work is performed.

The goal of these criteria is to provide tables inclusive of the needs of 90% of the UC population. The remaining 10%, including petite, tall or large-framed individuals, may require equipment with size or range adjustments that are outside the parameters covered in these criteria.

UC-wide and UC site-specific requirements

These requirements are for UC system wide use.

Refer to your local UC Ergonomics Program for a site-specific version of this checklist.

EVALUATION PROCESS

Preferred and minimum criteria are provided for each table feature. Tables must meet at least the minimum requirements for each feature in order to qualify for basic approval for use at UC. Tables that meet preferred and value-added criteria provide better value and score higher. Local UC Ergonomics Programs can establish site-specific criteria.

INSTRUCTIONS

All sections must be completed for each table.

FREESTANDING HEIGHT-ADJUSTABLE TABLE REQUIREMENTS - CHECKLIST

Freestanding Height-Adjustable Tables Specifications

Height - one of the following must be checked:
☐ Preferred: Entire work surface is user height-adjustable (pneumatic or electric with a one touch button control) from 22-48 inches (+/- 0.7 inch) or greater from the floor to the top of the work surface (ADA compliant)
☐ Minimum: Seated-height adjustability: entire work surface is user or installer height adjustable from 22-30 inches (+/- 0.7 inch) or more. If table is pneumatic, forces to adjust table do not exceed 7 lbs
Width of top surface –
□ Preferred (for mixed-use workstations - computer, paperwork and phone use): At least 60 inches (minus 2 inches for pinch points) of usable desk surface
☐ Minimum (for computer workstations): At least 27.6 inches or greater (functional requirements of the task will most likely dictate a larger width)
Width underneath work surface –

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		☐ Preferred (for mixed-use workstations - computer, paperwork and phone use): At least 41 inches		
		unobstructed leg room		
		☐ Minimum (for computer workstations): At least 20.5 inches or greater, 30 inches wide or greater for ADA (functional requirements of the task will most likely dictate a larger width)		
		Minimum: Depth of top surface - at least 30 inches (minus 1 inch pinch point) deep to allow for safe placement of computer equipment on the computer workstation		
		Depth underneath work surface - 17.3 inches or greater at the level of the knee and 23.6 inches or greater at level of the feet		
		☐ Preferred: No obstruction underneath work surface or within range stated above and fully compatible for installation of a 22 inch track for a keyboard tray		
		☐ Minimum: Crossbar or support can be relocated or removed by installer to eliminate any obstruction underneath work surface and within the above stated ranges; this shall not affect the stability of the table as		
		noted below		
		Minimum: Thickness of top surface - no greater than 1.5 inches		
		Minimum: Finish - matte finish		
		Minimum: Edges - rounded front edges with 3mm radii; no sharp corners, cut-outs, or edges		
		Minimum: Stability - shall be structurally rigid and stable at all aspects of the height range freestanding work surfaces should have a functional load capacity of at least 200 pounds. Work surfaces and bases shall meet ANSI/BIFMA X5.5 2008 requirements		
		Minimum: Adjustment controls - easy to reach and operate from normal working postures, do not interfere with users' work positions and allow for intuitive, safe use. Placed and designed to prevent inadvertent movement or operation of surface		
		Minimum: Cables and electrical components – safely and securely attached to work surface/base to prevent interference with the operation of workstation components and to avoid hazards for people or equipment in or near the workstation		
		Minimum: Label on table with manufacturer name, product name, model number, manufacturer/vendor contact information and other information necessary to allow for service and warranty		
		Minimum: Usage instructions readily available and provided to end user		
		Minimum: Storage underneath work surfaces – allow for work surface height adjustment of 22-30 inches (+/- 0.7 inches) for seated, 22-48 inches (+/- 0.7 inches) for sit-to-stand. Storage should be mobile or removable		
		Minimum: Storage above computer work surfaces – adjustable and/or easily removable to accommodate monitor heights while sitting or standing		
Value-Added Features (not required; result in higher scoring)				
		Multiple work surface shapes and sizes available		
		. □ Bi-level		
		□ Equal and offset corner		

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□ Base only option
Base/legs can be easily modified to support different work surface sizes; parts and components can be easily switched out for repair/sizing needs
Privacy/modesty panels available for rear and sides of table
Digital display
Programmable preset buttons
Software options available for work surface
Electrical for entire desk including motor and parts meets UL962 criteria
Fast, quiet and smooth operation
Samples available for Ergonomics Program review and demo in showrooms, labs or other locations
Sizing and/or fitting services provided
Extended warranties and service agreements
Speed of delivery/quick ship
□ 5 day delivery
□ 10 day delivery