Here is info and videos on most of the chairs we see around campus. Whenever you are not certain and need help, just send a picture of the chair to the Campus Ergonomist. There is also a tag under the seat that will often ID the chair make and model. Keep this document handy and copy and paste these links to people when they ask for help with their chairs.

1. **Office Master Chair (YS88 model)**

[Office Master Chair Adjustments](#) For all “YES” Series chairs including the YSYM Tall Chairs and all “DB” Models like the next one in this list.
Other Office Master Chairs:

2. OM DB 74 Model Chair – This is a very popular model and it adjusts just like the first one above, the YS model. The DB53 is the Petite model chair for short statured individuals

3. OM Paramount Chair

Om Paramount Chair Adjustments
4. **Steelcase Leap Chair.** The Leap comes as a heavy duty extra wide chair as well.

5. **Steelcase Think Chair**

- **Leap Chair Adjustments**
- **Think Chair Adjustments**
6. **Steelcase Amia Chair**

[Amia Chair Image]

**Amia Chair Adjustments**

7. **Steelcase Criterion Chair** – This is the main old style chairs we see around. It is a good well-designed chair, however it has been discontinued and most of the ones we have are getting older. But some of these chairs can still provide excellent support if adjusted properly.

[Criterion Chair Image]

**SC Criterion Chair Adjustments**
8. Steelcase Gesture Chair

Gesture Chair Adjustments

9. Herman Miller Aeron Chair

HM Aeron Chair Adjustments
10. Herman Miller Mirra2 Chair

Herman Miller Mirra2 Chair Adjustments

11. Herman Miller Embody Chair

Herman Miller Embody Chair Adjustments
12. Soma Chairs – SomaFit, SomaComfort. SomaPetite. This company is no longer on our recommended chair list. We have many of them on campus and they are of excellent design. Those also may be under warranty when they need service.